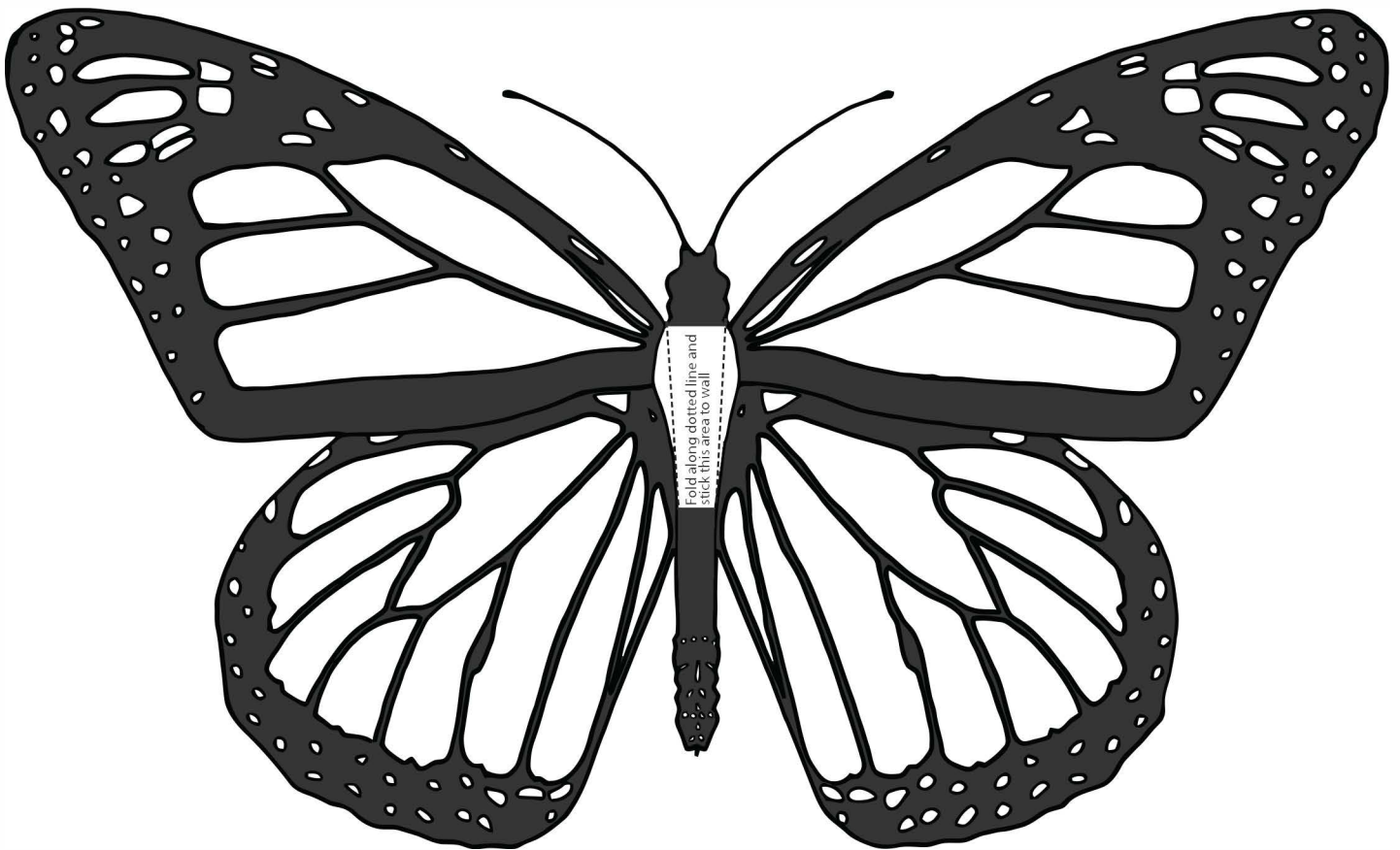


Activity: Make a Monarch

Did you know that Monarch Butterfly caterpillars can only eat milkweed leaves, the adults pollinate flowers, and in the fall they migrate thousands of kilometres to Mexico for the winter? See if you can spot an adult butterfly sipping nectar from a flower or a caterpillar on a milkweed plant in your garden or local park this year. You can help them by not spraying pesticides and growing a variety of flowering plants including a milkweed species native to your area.



- Print these two sheets as a double-sided copy
- Look up the colouring of Monarch Butterflies
- Colour in your Monarch Butterfly
- Cut out and fold along the dotted lines so the wings can move
- Tape or glue your butterfly to a popsicle stick or other suitable spot

For more information on pollinators and how to help them, visit GardeningForWildlife.ca and HelpTheMonarchs.ca.

